Creating a Spectrum of Prevention Model to Maximize Students' Personal and Emotional Safety

Iowa School Counselor Association Conference
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Welcome!

Facilitators:

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# Multi-Tiered System of Prevention

## Spectrum of Prevention-School Focus

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<td>Schools Fostering Coalitions and Networks with Parents &amp; Broader Community</td>
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S.T.O.P. GRANT OVERVIEW
School Violence Prevention & Mental Health Training

Objectives:

• Provide training sessions to teachers and school personnel to threats of violence and prevent violence by training adults in the Spectrum of Prevention
• Provide training sessions to school personnel and students to prevent violence against self and others
• Provide specialized training sessions for school officials as they relate to responding to youth mental health crises by training personnel in the youth mental health first aid program

Trainings and associated materials are made possible through funding by the Iowa Department of Education and the U.S. Department of Justice, Office of Justice Programs, Bureau of Justice Assistance through the STOP School Violence Prevention and Mental Health Training Program (CFDA# 16.839) authorized by the Student, Teachers and Officers Preventing (STOP) School Violence Act of 2018.
STOP Grant Overview

Funding Source
• Dept. of Justice to Iowa Dept. of Education
• School, Teachers, and Officers Preventing (STOP) School Violence Act
• 3 year grant

Partners
• Dept. of Education
• Center for Violence Prevention
• Iowa Dept. of Public Health

Training Components
• Spectrum of Prevention
• Mentors in Violence Prevention
• Youth Mental Health First Aid
• Student Mentor Summits

STOP Project: Year 2
• Applications this fall – November or December, 2019
• Year 2 will engage 14 new schools
Goals of MVP

- Raise Awareness
- Challenge Thinking
- Open Dialogue
- Inspire Leadership

MENTORS IN VIOLENCE PREVENTION

CENTER FOR VIOLENCE PREVENTION

UNIVERSITY OF NORTHERN IOWA
TYPES OF ABUSE

Verbal --- Emotional --- Technological --- Physical --- Sexual
It was just a joke! Why do you care?

Sexual violence exists in a pyramid. Your joke contributes to a culture of violence!

Murder

Rape. Sexual assault. Physical. Emotional & financial abuse

Harassment. Threats & verbal abuse

Traditional roles. Glass ceiling. Rigid gender-based stereotypes

Sexist/homophobic/transphobic jokes. Problematic language. Objectification
TYPES OF ABUSE

Verbal --- Emotional --- Technological --- Physical --- Sexual
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TYPES OF RESPECT
Active Bystander Behavior:
An active bystander is a: friend, classmate, teammate, co-worker, peer, family member

– Notice the event
– Interpret it as a problem
– Feel responsible for dealing with it
– Possess the necessary skills to act

2010, Berkowitz, Response Ability
MVP Strategies Implementation

• Train staff, faculty and parents on MVP model
• Identify and recruit student mentors
• Train mentors: facilitation skills, role play, focus on role/responsibility of the bystander
• Emotional and mental health supports
• Scheduling MVP sessions
• Role of classroom teacher(s)
• Feedback from mentors, 9th graders, staff
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Thank you!